

WHAT'S YOUR MAJOR?

EXPLORING MAJORS & MINORS THAT FIT YOUR GOALS

1 DISCOVER YOURSELF

Exploring majors begins by identifying your personal style, interest, skills and values.

Take a Self-Inventory

- What do you like to do?
- What are you good at?
- What is your personality?
- What do you value in life?

Attend major and career exploring programs

Take an assessment on hireosugrads.com

Meet with a Career Counselor



2 EXPLORE OPPORTUNITIES

Choosing a major also requires knowledge about the career opportunities available to you.

Get involved on campus

Attend career fairs

Meet with a Career Counselor

Talk to friends and family

3 CONNECT THE DOTS

Now that you have conducted research about yourself and potential careers, it's time to bring it all together! Remember, this doesn't have to happen over night. Narrow down your top 5 career and major options by doing some of the following:

Meet with College Career Coordinator

Look into part-time jobs or job shadow opportunities

Attend industry specific career fairs

Talk to OSU professors in your desired field

4 DECISION-MAKING

Making career decisions can be hard and you may feel anxious or overwhelmed. These resources may assist you when making your final decision:



Understand How You Make Decisions:

- Create a pros and cons list
- Make decisions based on your instinct or intuition



Review your options and ask yourself:

- Which major best fits my interests, skills, personality and values?



Arrange meetings with:

- College Career Coordinator
- OSU Academic Advisor

5 EVALUATE YOUR DECISION

After making your decision, it is normal to question your choice. Here are some questions to ask yourself to determine if you selected the best option for you!

Am I enjoying my classes?

Are my grades improving?

Do I feel confident?

Am I more motivated?

How do I feel now?