**1 DISCOVER YOURSELF**
Exploring majors begins by identifying your personal style, interest, skills and values.

- Take a Self-Inventory
  - What do you like to do?
  - What are you good at?
  - What is your personality?
  - What do you value in life?
- Attend major and career exploring programs
- Take an assessment on hireosugrads.com
- Meet with a Career Counselor

**2 EXPLORE OPPORTUNITIES**
Choosing a major also requires knowledge about the career opportunities available to you.

- Get involved on campus
- Attend career fairs
- Meet with a Career Counselor
- Talk to friends and family

**3 CONNECT THE DOTS**
Now that you have conducted research about yourself and potential careers, it’s time to bring it all together! Remember, this doesn’t have to happen over night. Narrow down your top 5 career and major options by doing some of the following:

- Meet with College Career Coordinator
- Attend industry specific career fairs
- Look into part-time jobs or job shadow opportunities
- Talk to OSU professors in your desired field

**4 DECISION-MAKING**
Making career decisions can be hard and you may feel anxious or overwhelmed. These resources may assist you when making your final decision:

- Understand How You Make Decisions:
  - Create a pros and cons list
  - Make decisions based on your instinct or intuition
- Review your options and ask yourself:
  - Which major best fits my interests, skills, personality and values?
- Arrange meetings with:
  - College Career Coordinator
  - OSU Academic Advisor

**5 EVALUATE YOUR DECISION**
After making your decision, it is normal to question your choice. Here are some questions to ask yourself to determine if you selected the best option for you:

- Am I enjoying my classes?
- Are my grades improving?
- Do I feel confident?
- Am I more motivated?
- How do I feel now?